

Fit for the Future

Strategic Review of Health Services in Outer North East London

What is Fit for the Future?

NHS Trusts and Primary Care Trusts are working together on a programme of reconfiguration of health services and facilities. This involves

- Barking & Dagenham PCT;
- Barking, Havering & Redbridge Hospitals NHS Trust;
- Havering PCT;
- North East London Mental Health Trust;
- Redbridge PCT;
- Waltham Forest PCT;
- Whipps Cross University Hospital NHS Trust.

Aims

- Improving quality and suitability of local health services;
- Addressing differences in health across the area;
- Providing more services in the community;
- Getting the best from the new Queen's Hospital, Romford;
- Bringing the local health services into financial balance.

Why change things? Fit for the Future

- Technology is changing the way we deliver care.
- More investment in community based facilities means more care can be provided outside hospitals.
- Improvements in treatment mean patients can be treated more quickly and stay in hospital for less time.
- More operations can be done as day cases.
- Patients requiring highly specialist care have better outcomes when treated in major centres.

What is already happening in Waltham Forest?

- We are investing in community based diagnostic facilities.
- Opened 8 new / major refurbished primary care centres.
- Whipps Cross is working to improve efficiency so people do not stay in hospital longer at Whipps Cross than other hospitals.
- Almost all Cataract removals are done as day cases.
- Investment in specialist provision to improve outcomes for patients, e.g. NEL Heart Attack Centre.

BUT THERE IS THE NEED TO DO MORE

Fit for the Future

- **Important to be clear:**
 - No decisions have yet been taken. We are looking at a number of options;
 - No decisions will be taken without extensive public involvement and consultation;
 - The programme is being undertaken in the context of London-wide review of health strategy

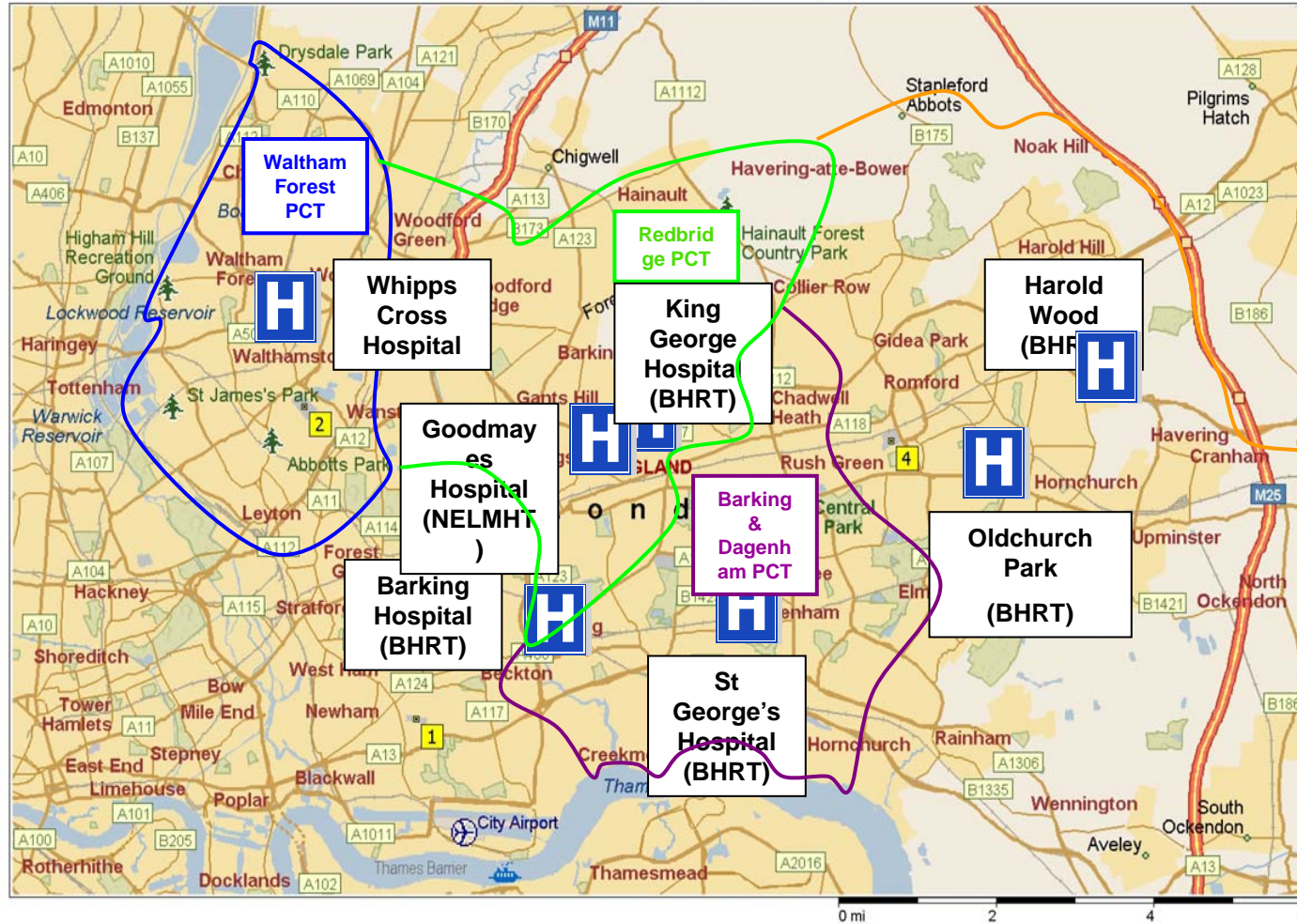
Informing and Involving People

- **Local Authority Overview & Scrutiny Committees and Patient and Public Involvement Forums** early briefing has taken place.
- **MPs, local authorities** – monthly briefings (via e-mail) on progress, timetable and upcoming events.
- **Stakeholder workshops** – to:
 - review the options for strategic configuration;
 - examine the benefits criteria;
 - score the options.

Workshops attended by representatives of PPI Forums and voluntary organisations

What is Outer North East London?

England, United Kingdom, Europe



Services at Whipps Cross Hospital

All of these services will stay at Whipps Cross Hospital

- Urgent Care Centre
- Maternity Services
- Outpatients
- Diagnostic facilities
- Day surgery

Acute Hospital Options

- **Option 1:** Queen's Hospital as major acute hospital, Whipps Cross and King George Hospitals remain as district general hospitals (DGHs), with Independent Sector Treatment Centre (ISTC) at King George Hospital;
- **Options 2&3:** One emergency-focused hospital and one elective-focused hospital;
- **Options 4&5:** One DGH and one ambulatory centre.

Acute Hospital Options

Options which have been excluded from short list:

- Maternity and neonatal services on elective-focused site (Clinical Reference Group – CRG)
- Option which required all births other than low risk ones to be cared for in one unit at new Queen's Hospital (CRG);
- Option for stand-alone women's and children's hospital at King George Hospital site (CRG);
- Option for single-bedded site (new Queen's Hospital).

What information will be used to decide on the options?

- **Quality** - to improve the quality of services;
- **Access (travel)** - to minimise travelling times for patients;
- **Capacity** - to provide sufficient physical capacity;
- **Facilities** - to provide a high standard of facilities;
- **Workforce** - to support a developing and motivated staff;
- **Deliverability** – to deliver changes as quickly as possible.

Consultation

- Preferred option(s) will be reached as a result of public comment, benefits appraisal and scoring;
- Preferred option(s) will go out to formal consultation;
- Wide involvement of patients, the public and professionals to improve the process of consultation.
- Consultation likely to take place early in 2007.

How can you get involved?

- What do you think of the options? Do you have any alternative suggestions?
- Fill out the comments form and leave it with us, post it to the Freepost address, or e mail us on
Fitforthefuture@wf-pct.nhs.uk.
- Look for up to date information on the PCT website www.walthamforest-pct.nhs.uk